



# THE NORTH CAROLINA CHILD CARE HEALTH CONSULTANT 2023 ANNUAL CONFERENCE

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*September 26 and September 27, 2023*

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Sheraton Imperial Hotel  
4700 Emperor Dr, Durham, NC 27703

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## Tuesday, September 26th

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9:30 AM	Sign-in
10:00 AM	Welcome: Jacquie Simmons and Julie Daniels, Auditorium
10:15 AM	<b>Session I:</b> Smart Start CCHC Update, Auditorium
11:15 PM	Break and Networking
11:30 AM	<b>Session II:</b> Invisible Sentence: Recognizing, Supporting, and Advocating for Children of Incarcerated and Returning Parents, Auditorium
12:30 PM	Lunch, Royal Room
1:30 PM	<b>Session III:</b> CCHC Panel Discussion, Auditorium
2:30 PM	<b>Session IV:</b> Mind and Matters Shape Healthy and Safe Learning Environments
3:30 PM	Break and Wellness Session, Auditorium
4:00 PM	Keynote Address - Dr. Khadijia Tribié Reid, Auditorium
5:00 PM	Adjournment

### Session I

**10:15 – 11:15 AM**

#### Smart Start CCHC Update

**Angela Lewis – Early Care and Education Manager**  
**Lakeisha Johnson – Director of Early Childhood Systems**  
**North Carolina Partnership for Children**

This session will present an update of current information related to Smart Start funded CCHC activities. The audience will be engaged in discussion as well as a question-and-answer period.

### Session II

**11:30 – 12:30 PM**

#### Invisible Sentence: Recognizing, Supporting, and Advocating for Children of Incarcerated and Returning Parents

**Melissa Radcliff – Program Director,**  
**Our Children’s Place of Coastal Horizons**

18,000. Come learn the significance of this number. This presentation will focus on understanding more about children with incarcerated or returning parents, impacts of parental incarceration and re-entry, and ways to partner to meet their needs. Participants will be encouraged to take what they learn back to their own professional settings, continue the conversation there, and determine appropriate next steps.

### Session III

**1:30 – 2:30 PM**

#### CCHC Panel Discussion

**Dee Bullock, Kristey Coulter, Amy Petersen and**  
**Chrissy Wolfe**

Engage in a Question-and-Answer session with a panel of seasoned CCHCs as they discuss successes and challenges in the field. Use this opportunity to gain knowledge from their experiences as they share about their growth as a CCHC and tips that can help you in your fieldwork.

### Session IV

**2:30 – 3:30 PM**

#### Mind and Matters Shape Healthy and Safe Learning Environments.

**David Brown – Regional Environmental Health**  
**Specialist, DHHS/DPH**

David Brown will lead an engaging discussion of some of the most vexing issues for child care operators. This session will examine best practices for identifying and minimizing potential classroom and playground health and safety issues and maintaining a healthy and safe environment.

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## *Keynote Speaker*

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### ***Dr. Khadijja Tribié Reid, Pediatric Medical Director, MedNorth Health Center***

Dr. Khadijja Tribié Reid is a mother, pediatrician, and public health advocate. She is a physician leader who builds systems to optimize the health of all children. She is the Pediatric Medical Director of MedNorth Health Center, a Federally Qualified Health Center in Wilmington, NC. In January 2022, she became the Chair of Novant New Hanover Regional Medical Center's Department of Pediatrics. Beyond medicine, one of Dr. Tribié Reid's greatest passions is Early Childhood Education. She initiated one of the first Reach Out and Read sites in her county at MedNorth. She is honored to serve as the governor's appointee on the board of the North Carolina Partnership for Children, an Early Childhood Education non-profit. In 2021, Dr. Tribié Reid was also appointed to the founding board of the New Hanover Community Endowment. In January 2022, Dr. Tribié Reid became a member of the American Academy of Pediatrics' Expert Leadership Team on Trauma Informed Care.

Dr. Tribié Reid completed her undergraduate studies at Duke University, medical school at Morehouse School of Medicine, Pediatric Residency at Tulane University School of Medicine, and Master of Public Health degree at the University of North Carolina's Gillings School of Public Health. She is an outspoken child advocate who centers Adverse Childhood Experiences, Integrated Medical Behavioral Health Care, and Health Equity in continuing education seminars, blogs, op-eds, and podcasts.

In her spare time, Dr. Tribié Reid enjoys hiking, swimming, writing and Friday night pizza with her husband and two daughters.



### ***The Community of Care: Planting Seeds to Raise Healthy Adults***

In this interactive talk, Dr. Tribié Reid helps listeners understand how childhood trauma leads to poor adult health. She also illustrates the power all caregivers have to buffer the impact of trauma. Caregivers aren't just parents; we are childcare providers, teachers, relatives, neighbors, coaches, and physicians. This community of care can create safe, supportive nurturing relationships with children and their families. At the heart of those relationships is healing and the seeds of resilience.

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## Wednesday, September 27th

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8:00 AM Breakfast, Sign-in, and Welcome, Empire E

8:30 AM Annual CCHC Meeting and Elections, Chrissy Wolfe NC CCHCA Chair, Empire E

9:30 AM Recognition of New CCHCs, Empire E

9:45 AM Break and Networking

10:00 AM Breakout Sessions:

**A.** Cradle to Career – A Journey to Prosperity, Empire E

**B.** Enhancing Adult-Led Movement Experiences: Build the Skills with Be Active Kids®, Royal A

**C.** An Introduction to Resources for Resilience™ Reconnect for Resilience™ Curriculum, Royal B

11:30 AM Wrap-Up, Evaluations, Empire E

12:00 PM Adjournment

### Breakout Session Descriptions

#### **Cradle to Career – A Journey to Prosperity**

##### **Empire E Room**

***Tyronna Hooker – Vice President of Education Programs, Impact Alamance***

***Moriah Griffin – Elon Service Year Fellow, Alamance Achieves***

***Barbara Massey – Former Launch Coordinator and Collaborative Facilitator, Alamance Achieves***

The Cradle to Career Experience is an interactive presentation during which every participant has a role to play. This experience is designed to help community members develop a greater understanding of how each transition point in a child's educational journey impacts future success. Additionally, participants will identify and respond to their unique opportunity for aligning their actions toward ensuring every child excels, every step of the way.

#### **Enhancing Adult-Led Movement Experiences: Build the Skills with Be Active Kids®**

##### **Royal A Room**

***Richard Rairigh – Go NAPSACC Implementation Advisor, University of North Carolina at Chapel Hill***

Developing confidence and competence in adult-led physical activity is an important factor to child care programs reaching movement-based best practices. Go NAPSACC will showcase strategies from the newly revised Be Active Kids training that will assist TA consultants and child care providers as they build their teaching skills for active environments. Come have fun, learn, and Be Active!

#### **An Introduction to Resources for Resilience™ Reconnect for Resilience™ Curriculum**

##### **Royal B Room**

***Ann Dupre Rogers, LCSW, Executive Director for Resources for Resilience™***

"Immediately useful. Concrete. Powerful." A trauma-informed, tools-based approach, developed as a response to the public health crisis of ACEs (Adverse Childhood Experiences) and applicable for the stresses many of us face every day, Reconnect for Resilience™ teaches participants simple tools for self-regulation and co-regulation, and supports social emotional learning for all ages.

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*Wrap Up, Evaluation, and Safe Travels!*

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*Thank you to our Conference Planning Committee members for their hard work!*

*Kristey Coulter*

*Julie Johnson*

*Lindsey Pertet*

*Alicia Tanner*

*Karla DeHaven*

*Sharleen Laporte*

*Stacy Rosser*

*Jasmine Walker*

*Rachel Lentz*

*Courtney Summey*

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